

# CBC NEWS

Aug 2017

[www.corstorphinebowlingclub.co.uk](http://www.corstorphinebowlingclub.co.uk)

**Dear member:** Welcome to the latest edition of the CBC News.

## **New name on the board**

Mark Hewitt and Brian Henaghen had an excellent battle on the green to decide what new name would go on the club championship board. In the end it was Mark who prevailed. Congratulations to both players for their success in reaching the final and well done Mark for the final result.

## **New coaching and development classes – Report from Bernie Callaghan**

Based on ideas generated by the Gents' Bowling Committee and supported by feedback from the recent Members' Survey, the first tranche of a programme of Coaching and Player Development has been implemented in the Club.

The first Coaching session was delivered on Wednesday 16 August and was attended by 16 members. This session covered the basics on stance and delivery and was supported by a video produced by Bowls New Zealand on these specific topics. The second part of the session then involved members going onto the green to try out the theory supported by 4 of our qualified Coaches. The feedback from this session has been very positive and it has been recommended that the video should be 'compulsory' viewing for all new members. The key is about individualizing the theory to the member to improve their delivery by making it consistent.

The first Player Development session for male members was delivered on Friday 18 August and was attended by 9 members. This session focused on the 'yard-on' shot and the difficulties presented by short and wide bowls. The players involved used pre-defined 'drills' to help with improving their abilities in managing and improving these skills. Future sessions will focus on other skills like reading a head, the drive shot and the responsibilities of each player in a rink.

It should be mentioned that everyone (including the Coaches!!) is learning from this process. We have other Player Development sessions for both male and female members scheduled for later in August and into September and the feedback from these sessions will be incorporated into future tranches in 2018 (and beyond). We will produce laminated copies of some of the 'drills' and leave these in the Clubhouse for members to use in their own practice sessions. This is just the first step on a journey to improve the playing skills within the Club and make us stronger and more competitive in League and Representative Matches.

## **Use the mats please and never mind the beasties**

It was no surprise to us when the official statistics confirmed July was the wettest on record. Keeping the green in good condition to play on in these circumstances is no small order. However, as always, our hard-working green ranger has done a great job. We can assist if we use the protective mats when the surface is soft and we are marking the surface. It is easy to spot if you look where your delivery lands but it is almost impossible to repair once the surface has been scored. Gordon also advises us that the numerous beasties we have seen of late scurrying over the surface are doing us a favour by eating the thatch layer and it is a sign of a healthy green.

## **Final Try Bowls on “Free pie Saturday”**

There will be a final Try Bowls mixed hat on Saturday 2<sup>nd</sup> Sept. This will be a fun night in the form of “game of 10s”. Free pies for all and valuable prizes for the winning rink will be provided by the Social committee. Open to all members/associate members and friends who wish to try bowls. To assist with the catering a list will be available in the bar area for you to indicate if you wish to attend and how many will be in your party. As it is free there will be no charge.

## **Commercial opportunities sub-committee**

Following a suggestion from Richard Bryce, the committee is considering the formation of a commercial

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opportunities sub-committee. This would primarily be focusing on opportunities to generate revenue and sponsorship from advertising and on external relations. If you are interested in helping with this sub-committee please have a word with any of the committee members.

## Hoist by one's own petard

There are occasions when I have used this newsletter to highlight some senior moments that befall some CBC members. Try as I may to anonymise these tales, sometimes I "inadvertently" finger the individual concerned. For those of you who fall into this category, here is a tale to enjoy. A few days back I called at the club having told my wife and carer I would just be 10 minutes as I wanted to check if my name was down for a competition. The club and green were busy and there was a rink who were obviously waiting for a latecomer to join them. I can be very impatient with late comers. As ever, everyone greeted me with a friendly smile and wee bit banter. It's what I have grown to expect and really love about the club. Bill made some comment about thinking I was not going to come to the club and I assumed he was extracting the urine because I had not been around for a few days. After a quick chat with Jim Connor I headed home. I discovered later there were two calls to my mobile as I wandered up St Ninians. Head full of mince as ever, I did not hear them. Fortunately I heard the third call. It was Bill and he greeted me with "Where the ----- are you, you should be playing a triples!" So, I was the latecomer they had been waiting for and I was the only one of the 6 who didn't know they were so pleased to see me because they thought I had forgotten about the tie – which of course, I had! Senior moments - don't you just love them?

## The orthopedic cup

It seems that everyone in the club is going for hip and knee replacements these days. I happened to remark to Bernie Callaghan that we could probably open our own orthopedic ward in CBC. He told me that some clubs had a Hearts v Hibs trophy competition every year and he thought we could have a Hips v Knees cup!

## Rhythm of my heart

In the July CBC News I mentioned that 'The Chancers' will be doing a charity fundraising evening singing songs with 'heart' in the title, on Sat 28 Oct. If you are interested in helping out with a song or two, a poem, some jokes or anything else please have a word with me or Bill and we will be delighted to fit you in to the schedule. So far we only have one volunteer to help out. Also if you have any suggestions for the evening, please let us know. Otherwise, please take a note of the date for your diary, come along, bring your friends and wear something red. The social committee will cover the cost of the sound equipment so all the money raised from tickets sold and raffles etc will go to Ann for the BHF.

## Significant birthdays

One lonely soul celebrates a significant birthday this month. Many happy returns go to Stuart Mason.

## Any suggestions?

CBC news is produced for your information and use. Any suggestions or articles for the news would be very welcome. Please have a word with me at any time or send an email to [jandjmacp@gmail.com](mailto:jandjmacp@gmail.com)

## Dates for the diary:

<b>Free pie Saturday</b>	Sat 2 <sup>nd</sup> Sept 6 for 6.30 pm – Try bowls game of tens
<b>Closing night cabaret</b>	Sat 23 <sup>rd</sup> Sept 7 for 7.30 pm –The Divas show with Leona Coric
<b>Rhythm of my heart</b>	Sat 26 <sup>th</sup> Oct 7 for 7.30 pm – The Chancers plus guests.
<b>Quiz</b>	Sat 11 <sup>th</sup> Nov 7 for 7.30 pm – Kenny Orr
<b>Murder mystery</b>	Sat 25 <sup>th</sup> Nov 7 for 7.30 pm – Edinburgh Theatre Arts
<b>Christmas cabaret</b>	Sat 16 <sup>th</sup> Dec 7 for 7.30 pm – Diane Fields, Top class personality vocalist

John MacPhail, Editor